

Sources: TNA – E179/195/17; Hull archives - UDX 177/1/36 (Prof. MW Beresford) - **B**
 C C Fenwick, ed. – The Poll Taxes of 1377, 1379 & 1381, Pt. 2 Lincs – Westmorland – **F**

$$6 = 3+4,(+6 \text{ additions}) \quad 3 = 4+5$$

Township	Listed F 1	Taxed 2		Items B 3	Couples 4	s-w/s-m 5	additions/ totals 6
Burgh cum Str.	189	121		46	29	10 / 7	- / 75
Adhuc Burgh cu Str.	+	+		c.75	37	13 / 10	c.5/ 112
Numerous personum		121		121	66 (extra)		187
Sourby iuxta Burgh	42	28		28	14	6 / 8	(42)
NP/extras					14		56
Helbeck	26+	16+		56	28/26(F)	5+ / -	84
NP/extras					28?		84
totals	<u>257+</u>						<u>327</u>

Possibly not all of Stainmore's eligible population was counted (e.g. no Ubank or Buckle names). This may be from absence at war or displacement due to war and plague, or that part of the Stainmore return is missing. Even assuming the figures are complete the disruptive times probably depress the population totals.

Though Beresfords figures for Helbeck are at variance, they could be fuller figures and include more Stainmore and Netherbrough. These await further study and have been limited in total to 84 (without adding column 5).

To adjust for the absence of the non tax-paying elderly and children a multiplier range of between 1.5 and 2 might be suggested (based on estimates available for the 17th century).-

This would suggest a range for the parish of between 386 to 654 persons. Estimating the Stainmore share as about 42% this would propose a figure of between 162 and 275 for the township giving a median of about 218..